

# TEEN PHILANTHROPY PARTY

A Party With a Purpose



## BECOME AN OVERCOMER!



Teens today carry a lot around with them. More so than they let people see.

Take part in an interactive, energetic presentation to identify what we carry around in our backpacks (mentally and emotionally) and how to remove some of the weight so we can replace it with what brings us joy!

The interactions at this event will serve us in leadership roles, relationships, and friendships so that we can grow into happy, healthy humans!

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### HIGH SCHOOL TEENS WELCOME!

#### Price of Admission:

Bring food items to donate, which will go to the Alive Center. For list of items accepted, scan the QR code below

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JUNE 6, 2023  
1:30 PM - 3:00 PM

Registration  
Required:

COLLEGE OF DUPAGE  
INSTITUTIONAL RESOURCE  
CENTER (ROOM 1020)  
425 FAWELL BLVD.  
GLEN ELLYN, IL



Guest Speaker:



Brittany Richmond is an energetic, charismatic communicator and a mental health expert of 10+ years.

Right after high school, Brittany was diagnosed with multiple anxiety disorders which led her into the field of counseling and psychology. Brittany uses her own battle with mental health to inspire students, but most importantly, let them know that they are not alone; and that there is help and hope.



For details:  
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