

JOIN REALITY ILLINOIS! 2022-2023 SCHEDULE



SCAN ME

Reality Illinois is made up of high school students from across DuPage County, who work together with the community to make a lasting impact on the lives of youth. This is done through education and promotion of policy changes that reduce youth substance and tobacco use, and increase mental wellness. Reality also provides input to the DuPage County Health Department on teen health issues. Reality Meets on Tuesdays from 6:00pm-7:00pm each month, unless otherwise specified.

- **Monday, Jan. 9th: Yoga**
Dist. 87 Admin Office - 596 Crescent Blvd, Glen Ellyn
- **Tuesday, Feb. 7th: Teen Mental Health First Aid ***
Dist. 87 Admin Office - 596 Crescent Blvd, Glen Ellyn

***Teens who attend this meeting need to register for this course by Friday Feb. 3rd and attend two other sessions on Feb. 9th and 13th to be certified. Email Leia Der w/questions or to register at Leia.Der@dupagehealth.org**

- **Tuesday, Mar. 7th: Screenwise-Public Reputation Online**
This meeting will take place from 7-8pm
VIRTUAL @ www.glenbardgps.org
- **Monday, Apr. 3rd: Alcohol Awareness & Prevention**
Dist. 87 Admin Office - 596 Crescent Blvd, Glen Ellyn
- **Monday, May 1st: Question, Persuade, Refer - Suicide Prevention**
Dist. 87 Admin Office - 596 Crescent Blvd, Glen Ellyn



For more information, please contact Gilda Ross at gilda_ross@glenbard.org or (630) 942-7668. Visit our webpage at <http://www.dupageplt.org/reality>.