

Sample Social Media Messaging

General Announcements

- Leaders in the community have come together to build an online mental health toolkit for students, staff, and families. This toolkit is available on ([website link](#)). This website provides information about two legislations that have been implemented in schools in Illinois as well as resources to help.
- New amendments to Illinois laws allow students up to 5 days of absences due to mental health and provide contacts for mental health support on the back of student IDs. To learn more about these policies and amendments, visit ([link](#)).

Mental Health Days

- A legislation addressing mental health has been recently implemented in schools. With this new legislation, schools provide mental health days for students. Like sick days, students can be called out of school without a doctor's note for up to 5 days. Once a student requests a second mental health day, a school counselor will be in contact with the student's caregivers about any concerns or to refer them to professional help. For more information visit [Illinois General Assembly - Bill Status for SB1577 \(ilga.gov\)](#)

Back of Student ID Contacts

- A new policy has been passed in Illinois schools to include mental health help on the back of student ID cards. This will be put into effect on July 1st, 2022. The back of student IDs in grades 7-12 will include the National Suicide Prevention Lifeline, the Crisis Text Line, and a local suicide prevention hotline. For more information visit [Illinois General Assembly - Bill Status for HB1778 \(ilga.gov\)](#)